

News & Views



Upcoming Events

- Feb. 16: Regular Dinner Meeting. Silent Auction. 6pm. Giannilli's II.
- March 2: Board Meeting. 6pm. Trinity Lutheran Church. All welcome to attend.
- March 3-4: BPW/PA Winter Board, State College
- March 16: Women's History Month Dinner Meeting. 6pm Giannilli's II.



NEWSLETTER DEADLINE

Deadline for newsletter is Friday, March 3rd. Please send committee reports, community events, articles, kudos and advertisements to npurnell930@gmail.com before that date.

ell hello February! There's a lot to love about this month. Let's start with a club favorite, our Foundation/Legislation committee's annual Silent Auction. Each year, members donate their new unwanted items for the event. We start the bidding at \$5.00 and watch the values rise as the competition for ownership heats up with last minute bids. Proceeds from the auction benefit the BPW/PA Foundation scholarship funds.

February is also the month in which the American Heart Association raises awareness of cardiovascular disease and stroke amongst women through their "Go Red For Women" campaign. Cardiovascular disease is the No. 1 killer of

Lot to Love

women, causing 1 in 3 deaths each year. Heart disease and heart related issues is something that the women in my family have dealt with over the years. To learn more about prevention and healthy lifestyle changes, visit AHA's Go Red For Women's website at <u>https://</u> www.goredforwomen.org

And lastly, on Monday, February 13th we celebrate Galentine's Day. A day in which we recognize the impact that our female friends have on our lives and thank them for their steadfast loyalty, support, love, and laughter. So to that I profess my love for my BPW sisters and say thank you for all that you've done for me and our organization. What a wonderful group of girlfriends you all are.



FEBRUARY 2023

Stay warm, stay heart healthy and don't forget to 'do good things'.

- Tracy

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SPOTLIGHT Stacey Cunningham



February Member Spotlight

Stacey Cunningham has a knack for making people smile. By day she is an Expanded Function Dental Assistant fixing teeth one smile at a time. Stacey also is the founder of Scents by Stacey - custom scented and hand poured soy candles.

Stacey began making candles about 20 years ago noting her dad is the reason she started the mission. "At the time I recently painted my walls and my dad stopped over to see them and I was also burning candles and he noticed "stuff" on my walls and when he used his finger to feel it, it smeared. It was the soot from my candle...UGH" This got Stacey thinking that if this is on the walls we are all breathing this too. Another concern were the oils used to scent famous brand candles. "Many oils used in candles, body sprays, lotions, and soaps (yes soaps) are harmful to use." She knew there had to be something better, and that's when she started her journey with the soy. "At that time soy was a new thing and just being introduced," says Stacey. She researched and experimented with wicks and even containers finally de-

ciding the mason jar is the perfect thing to use. Stacey's candles can also be used as a moisturizer. "The soy I use is Kosher and 100% pure with papers from the FDA for food consumption. The oils are high end with essential oils and contain NO carcinogenic products and are safe enough to be used on the body. The wicks are an all natural cotton wick and contain no harmful metal cores. The candles burn at a lower temperature and therefore last a lot longer. They do not emit harmful soot. The jars and soy used are all made in the U.S.A. and support the farmers and workers.

"I LOVE my candles and hand pour each one with love. I want others to enjoy them too. It's relaxing and fun for me, says Stacey. She also loves to paint and tries to incorporate some of her artwork with the candles. " I like to paint on various mediums like wine glasses, glass blocks, old windows, and whatever else I can get my hands on".

You can find Stacey at a variety of vendor events and her candles are sold in local businesses like London's

Hair Salon, Limani's Hair Salon, Wash -Um II Laundromat, R Klean, Cindy's Dog Grooming, and soon to be back at Terri's Gourmet Sweet Treats. She has recently partnered with Alice's Apples & Sweets for unique gifts. Stacey says her biggest reward is repeat customers. " I have people that I met at 7 Springs 20 Years ago with my dad when I started selling them that still come to me to this day. It also humbles me when people see me and they say, "Hey there's the candle lady!". I love your candles and tours are all I burn. It TRULY WARMS MY HEART." It's Stacey's personal touch that sets her apart and brings customers back. "I LOVE to talk with people. I will do whatever I can do to accommodate or help someone even if that means going out of my way to make sure they can enjoy one of my candles"

Meet Stacey at the next BPW meeting. Pick up your favorite scent at one of the local businesses.

Contact Stacey at staceycunningham74@gmail.com and like her on Facebook Scents by Stacey.

Parliamentary News!

Parliamentary Speaking!

QUORUM. According to Merriam-Webster Dictionary, QUORUM, noun –the number (such as a majority) of officers or members of a body that when duly assembled is legally competent to transact business.

You will notice that at our meetings the President states we have quorum by providing the number of members in attendance. Our bylaws state that quorum constitutes a minimum of 25 members present.

Question- Is it true that once a quorum has been established, it continues to exist no matter how many members leave during the course of a meeting?

Answer-No. Once a quorum has been established, the continued presence of quorum continues to exist only until the chair or any other member alerts the assembly that a quorum is no longer present. The chair should declare this fact at least before taking any vote or stat ing the question on any new motion. Any member that notices that quorum is not present can and should make a *Point of Order* to that effect when no one else is speaking.*

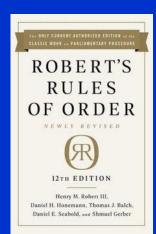
It is important to make sure that all meetings have a quorum present in order to conduct the business of the organization.

*Point of order- noun - is a query in a formal meeting as to whether correct procedure is being followed.

--Theresa Rusbosin

Parliamentarian







February 2023



Dinner Committee

February Dinner Meeting:

Date: February 16, 2023

Event Location: Giannilli's II, Route 30 West, Greensburg

Deadline for Reservations: <u>Thursday</u>, February 9th

PAYMENT OPTIONS: Cash/Check/Credit \$25 Prepay via PayPal \$27 (link on dinner reservation)

LINK TO RESERVE: https://forms.gle/ZVig8GCTskYjy19u5

REMINDERS

We require an accurate dinner count, so in order to do this, it is imperative that the reservations are received by the RSVP date. **Cancellations must be made to**

(latrobebpwdinner@gmail.com)

prior to 6 days before the meeting date.

Questions about Reservations? latrobebpwdinner@gmail.com

Committee chairs: Send your round -up items in for the next newsletter's Round Up. Committee Reports are due by first Friday of each month. Send them to Nicole Purnell at npurnell930@gmail.com

Membership

Important update for new members:

From December 2022 - April 30, 2023, new members will pay only \$23.00* to join Latrobe BPW. *\$25 credit/debit/paypal online







BPW ONLINE STORE IS OPEN! Show your BPW spirit with our new line of logowear! You can shop 24/7/365 online through our member partner Unity Printing. Order your gear by the end of each month and it will be delivered to the following month's meeting! Check out the great items at <u>www.unityprinting.com/bpw</u>

WELCOME NEW MEMBERS!

AMY HOOD KIKI MOSCHETTI NICANA GARMON TAMMY WOODWARD SANTIANNIA KENT

F 1 000

www.latrobebpw.org





February Guest Speaker:

Tina Copatch from Suncrest Care

Advancing from this life to the next should be a dignified and comfortable experience. Our team is committed to providing exceptional patient care while offering family members any necessary support. Hear more at the February Meeting.

https://www.suncrestcare.com





Important Social Media and Website Links!

Website: www.latrobebpw.org

Facebook: www.facebook.com/BPWLatrobe (Business Site)

www.facebook.com/groups/latrobebpw

(Private Member Group—more informal; Business Owners can run ads and share info once weekly; Share Community Events)

Search for us on You Tube, Instagram and LinkedIn



PPD/YC (Personal and Professional Development/Young Careerist) needs you!

We are looking for interested members who want to enhance their skills and confidence in themselves! We are looking for participants in workshops and meetings to showcase your style and show us why BPW is important to you.

The theme for 2023 is "Good things happen when we believe". What do you good things happened to you that believe we in BPW want to hear about? Let us hear your story. Contact Teresa Whitacre for more information.

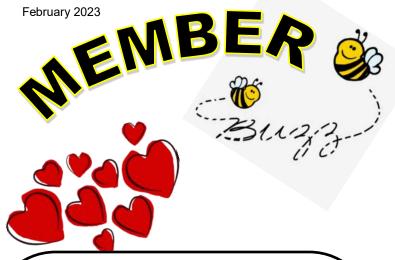




The PA BPW Foundation Scholarship available to individuals who are interested in furthering their education, are United States citizens, and have been a paid member of BPW/PA or have been a resident of PA for at least 2 years prior to application. The deadline for the Spring Career Advancement Scholarship is May 1. The maximum scholarship awarded is \$2500. The scholarship can be found on www.BPWPA.org or you contact Karen Mowry at <u>karencmow-</u> <u>ry@hotmail.com</u> or 724-516-8219.

Also don't forget the Edith Oler Flanagan Disaster Fund is available to any BPW/PA please member who has suffered a financial hardship caused by any reason, such as uninsured medical expenses, fire loss, termination of employment, etc. The awards are based on financial need.





FEBRUARY IS SILENT AUCTION MONTH

THE SILENT AUCTION WILL BE HELD DURING OUR FEBRUARY 16¹¹ MEETING. PLEASE TRY TO REMEM-BER TO BRING A NEW ARTICLE TO THE AUCTION.

SUGGESTIONS INCLUDE UNWANTED CHRISTMAS GIFTS, BOOKS, BAKED GOODS, CRAFT ITEMS, TOYS. PLEASE USE YOUR IMAGINATION.

WE WOULD LOVE TO BEAT OUR **\$737** DONATION THAT WE MADE TO THE BPW/PA FOUNDATION LAST YEAR.

THE DONATIONS THAT WE MAKE FROM THE PROFITS IS USED BY THE FOUNDATION FOR THE SIX \$2,500 SCHOLARSHIPS THEY AWARD EACH YEAR PLUS IT FUNDS THE EDITH OLER FLANNIGAN FUND GRANT WHICH PROVIDES MEMBER EMERGENCY FUNDS FOR CATASTROPHIC FINANCIAL LOSS.

Thinking of you

Get Well Wishes to member Stacey Cunningham.

Deepest Sympathies to member **Amy Fauth** on the loss of her father and fur-ever friend Sydney.



Sympathies to members **Nikki Cecchini** and **N Mary Ann Urban** on the loss of their fur-ever friends.



Latrobe BPW Member Linda Powers



Linda A. Powers, 75, of Derry, passed away Thursday, Jan. 12, 2023. She was born Oct. 10, 1947, in Latrobe, a daughter of the late George E. and Irma (McCurdy) Miller. Linda loved to cook

and bake for her family and was a gracious host to friends. She enjoyed gardening and volunteered for several years as a 4H leader. She was a member of the Latrobe BPW and was well-known in the real estate community, as she worked for several real estate companies. Linda is survived by her husband, Kenneth Powers, with whom she celebrated 56 years of marriage on April 22 (1967); her two daughters, Pam Szekely (Keith), of North Huntingdon, and **Mary Ann Powers (also a member of Latrobe BPW);** three grandchildren, Katie and Max Szekely, and Nicholas Sherrin; a brother, George E. Miller (Sandy), of Mt. Pleasant; a sister, Fay Willforth (John), of Penn Township; and numerous nieces and nephews.

Eternal rest grant unto her, O Lord, and let perpetual light shine upon her. May her soul and the souls of all the faithful departed through the mercy of God, rest in peace.



February Student of the Month



ierra Blystone is a senior at Derry Area High School. She is President of Mu Alpha Theta and Science National Honor Society. Sierra was nominated to compete in the American Mathematics Competition (AMC) all four years of high school. She was the highest scoring AMC 10 participant at her school in 2020 and the second-highest scoring AMC 12 participant at her school in 2022. Sierra also acts as class Vice President and Treasurer of the Future Educators Association. She is a member of the Interact Club and Chick-fil-A Leader Academy. Sierra lettered playing for the Derry Area Varsity Soccer Team this past fall and is currently preparing to enter competition season as a member of The Dance Alley dance team. Sierra volunteers as a mentor through Outdoor Odyssey and is also a mentor through the Trojan Role Model program at her school. Following high school, Sierra plans on attending college to pursue a degree in chemistry.

ydney Pardee is a senior at Greater Latrobe High School. Sydney is involved in National Honor Society, Science National Honor Society, Delta Epsilon Phi, German club, Global Scholars, Lighthouse Team, President of Mu Alpha Theta, and a Link Leader. She works at the Latrobe Starbucks. Sydney plans to attend a four-year university to double major in mechanical and aerospace engineering.

MEET OUR STUDENTS AT THE FEBRUARY DINNER MEETING



Officer Nominations OPEN

NOMINATIONS ARE OPEN FOR ALL LATROBE BPW CLUB OFFICERS

The nominations committee, Theresa Rusbosin, Karen Laskie and Alice Brasili are seeking candidates for the club offices of President, Vice President, Treasurer, Recording Secretary and Corresponding Secretary.

Per our Bylaws Article X. Nominations & Elections

Section 1: Officers shall be elected at the local organization's meeting in March.

Section 2: To be eligible to serve as an officer, a member must:

(a) Be in good standing

(b) Officially and publicly support the BPW/PA legislative platform.

(c) Have served at least one (1) full term on the Board of Directors as a Committee Chair.

(d) Should regularly attend meetings.

(e) Have a general understanding of Club Bylaws, Policies and Procedures.

Section 3: At the January meeting, a nominating committee of at least three members shall be appointed. The nominating committee shall present to the March meeting a slate of one or more nominees for each office. Nominations may also be made from the floor. Members of the nominating committee shall resign from the committee if they become a candidate for office in the local organization and a successor / successors shall be appointed by the Executive Committee.

Section 4: Vacancies in office shall be handled as follows:

(a) In the event of death, resignation, or incapacity of the president, the vice president, or first vice president if elected, shall become the president for the unexpired portion of the term.

(b) Vacancies in offices other than president shall be filled for the unexpired term by the executive committee.

Section 5: No member shall hold the same office for more than four consecutive terms.

Section 6: Six months or more shall be considered a term of office in determining eligibility for re-election.

Our current officers are willing to continue for a 2nd term **except for Treasurer**. As stated above, any member in good standing may run for an office. Nominations may also come from the floor at the March meeting. Please be prepared to address the membership with your qualifications and why you should be elected.

Any questions please contact a member of the nomination's committee.

February 2023

THROWBACKS To Our Past Events

Here's what you missed!













"Do Good Things"

Candids from our January Meeting

LATROBE BPW STATE BPW/PA CONVENTION GRANT

Applications are available for the State Convention Grant of \$200 to be awarded to a Latrobe mem-



ber attending the BPW/PA State convention for the first time. The member that is awarded the grant will be reimbursed after the State Convention following submission of receipts for payment. The Grant will assist in covering travel expenses and accommodations. This year's convention is June 8-11, 2023 at Sheraton Bucks County Langhorne in Langhorne PA. Completed application and short essay 50-100 words needs to be submitted before May 18 2023 meeting.

Convention is a lot of fun and a great

opportunity to meet other women from across the state, make new friends, to learn what is going on in other districts, and how the State gets the business done. If you are paid in full for convention, and a member in good standing you are able to vote and add to the discussion during the business portion. There are interesting speakers to break up the business portion of the meeting and representatives from Tails of Valor will be on hand to accept our state donation. Of course, there is shopping, with many area vendors and BPW members having their products available for purchase. Friday night Fundraiser for the BPW Foundation is another evening of fun and camaraderie. You don't want to miss out!

For additional questions about the applying, contact committee members, Theresa Rusbosin, Barbara Baldwin or Debbie Franco. (Application is attached to the newsletter.)

LATROBE BPW

BPW/PA State Convention Grant Application

The purpose of the grant is to encourage members to attend State Convention, especially those who might be concerned by the expense.

This grant, in the amount of \$200, will be reimbursed to a member who <u>attends State</u> Convention in person for the FIRST time. The member MUST attend full time, including all meetings. The members will be reimbursed <u>after State</u> Convention, following submission of receipts for payment. The Grant will assist in covering accommodation and travel expenses. Members who have previously attended even a portion of State Convention do not qualify for this grant.

YES	NO	
ng Latrobe BPW (bri	ef description of what y	ou did
	YES	YESNO

Please submit a 50 - 100 word essay on why you should be awarded the \$200 grant. Please attach your essay to your application.

APPLICANT CONTACT INFORMATION:

EMAIL:_____

Please mail your application to Theresa Rusbosin, Latrobe BPW Convention Grant Committee, 727 Cat Curve, Latrobe, PA 15650. Deadline for entries is our May Membership meeting, Thursday May 18, 2023. LATROBE BUSINESS & PROFESSIONAL WOMEN



Spring Tea | April 1, 2023



ADVERTISING OPPORTUNITY

The Latrobe BPW Spring Tea is an amazing advertising opportunity for your business. Introduce your business to a new audience or promote special deals and discounts to the 280+ attendees. Only **\$25**! You don't want to miss out on this valuable marketing opportunity! For members and non-members.

\$25 Includes:

- Rotational Advertisements on Two Electronic Billboards
- Inclusion in the Spring Tea Program
- Advertiser Quiz for Attendees
- Video on Facebook after the Tea



Deadline March 16, 2023

Register at https://tinyurl.com/SpringTeaAds (or scan the QR Code) This is for advertising only and DOES NOT include a ticket to the event.

Submit your ads, cash or check (Latrobe BPW) to Dana Shannon dana@danalyncreates.com



Ad Size: 16:9 or 10 x 5.63 inches File Type: AI, EPS, PNG, PDF Contact Dana if you need assistance with your ad.

Proceeds benefit our local scholarship & community philanthropy funds.



Spring Tea 2023 - Save the Date

Ipril 1st



FEBRUARY



Check out heart.org for more resources



Angela's Angels



Prom appointments available! Do you know a young lady in need of her prom wear for free? Angela's Angels is a 501(c)(3) non-profit organization whose purpose is to provide FREE PROM WEAR to local Economically Disadvantaged High School Young Ladies.

NEW for 21 * Calling ALL Ladies

Looking for a special occasion dress or gown for a fraction of the cost? Angela's Angels is now YOUR place to shop too! For a small donation you too can look fabulous!

> Call 724-836-6444 Visit us at AngelasAngels.org



FEBRUARY BIRTHDAYS

February 1 - Dana Shannon

February 20 - Donna Massari

Blairsville

February 3 - Santannia Kent





February 15 - Terri Rodgers

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AMY FAUTH **REALTOR®**

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7562 Route 30 North Huntingdon, PA 15642

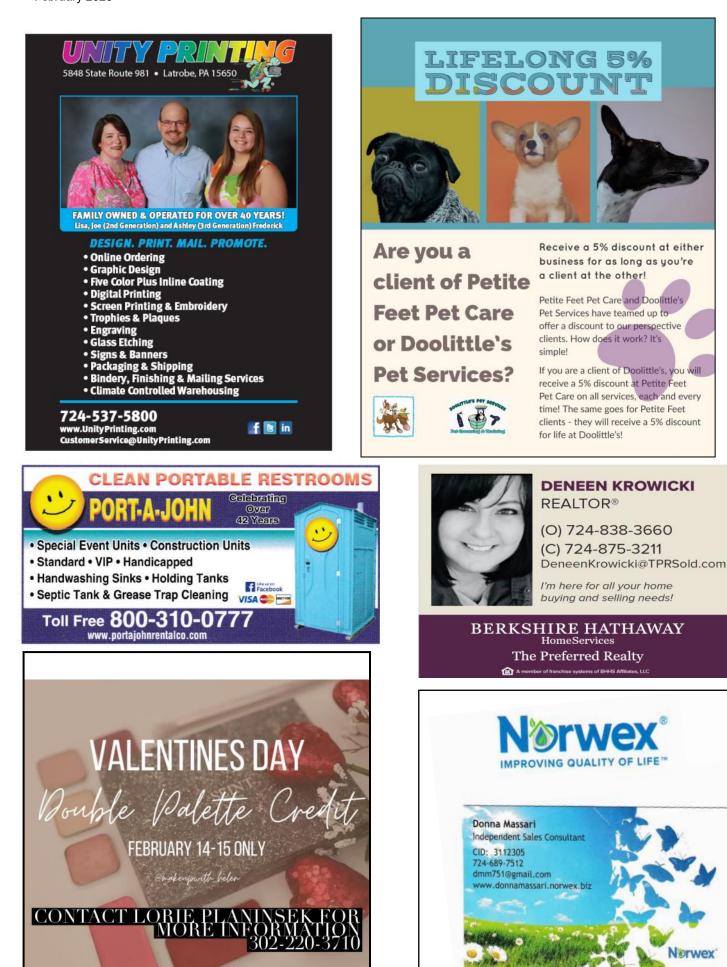
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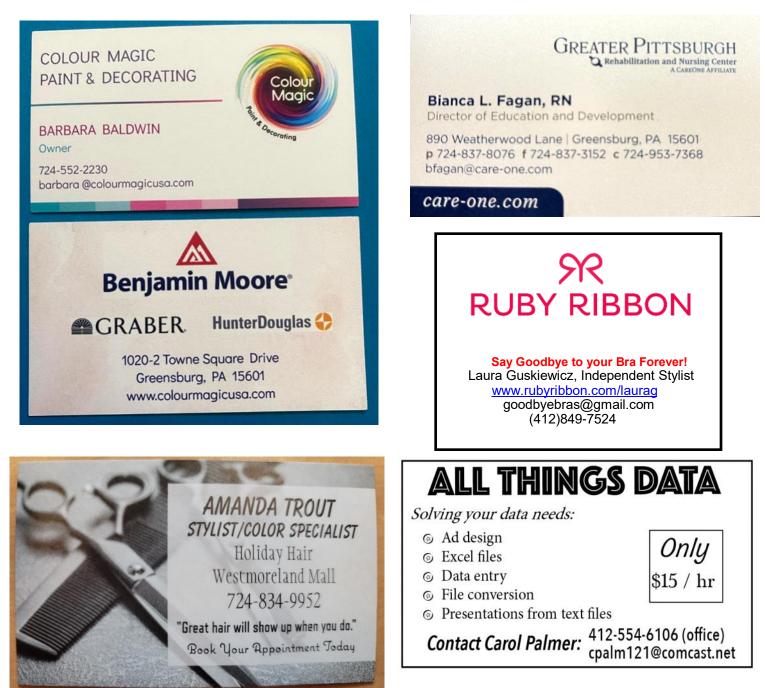
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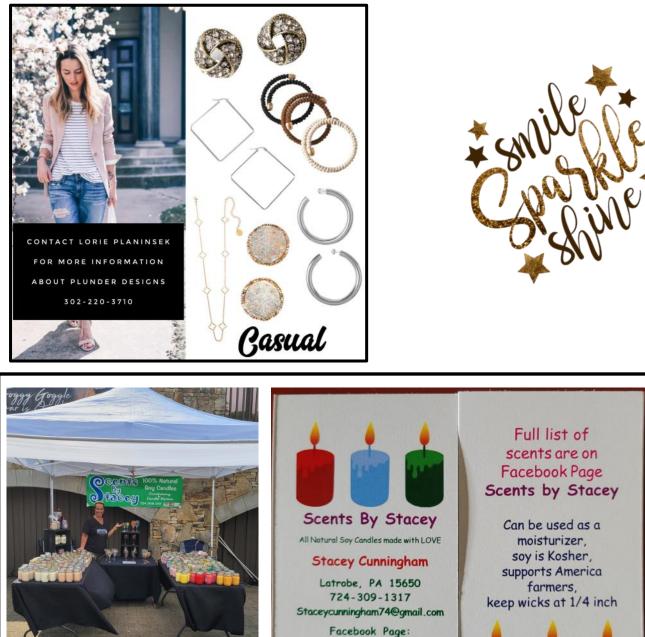


Hosted by Michelle Teague and Heather Zeitzwolfe

If you are an entrepreneur who is feeling unbalanced between work and home life, overwhelmed with the many hats you wear, frustrated with the limited progress you have made in your business, or afraid to set goals and develop a strategy because you weren't successful in the past, you are not alone. Many women entrepreneurs feel the same way. The Plan Your Profits in Paradise entrepreneurial business transformation and cruise retreat is a year long program, culminating in a six day cruise, that is designed to bring harmony between your business and home life, clarity around what steps to take to grow and scale your business, set goals and create a strategy, and bring accountability to you and your business. You will focus on what matters most and grow both personally and professionally. Find more information here: <u>https://ateagueofyourown.com/cruise-retreat</u>

February 2023





Facebook Page: Scents by Stacey Fundraising Available Visa, Mastercard, Discover and American Express

Members Advertise FREE Contact npurnell930@gmail.com